



Joshua's Path

Joshua's Path/BOOST Disabilities Services
Supporting people with developmental disabilities



Fall 2020 Virtual Seminar Series

Free and open to the community | Presented via Zoom

Wednesday, September 23, 2020 | 7:00 - 8:00 p.m.

Preparing for Disasters: Managing Your Family and Personal Stress

We all need to prepare for disasters. We create disaster supply kits, prepare our properties, purchase our supplies. BUT are we preparing emotionally? This workshop addresses the "emotional" supply kit we all need to create for our loved ones and ourselves - especially those with disabilities. Participants will learn the signs and behaviors that need to be addressed, and the strategies and resources to support those needs.

Presenter: Lisa Math B.S., CRPS-F Co-Director, Family S.T.A.R. (Support, Training, Assistance, Resources) & United Families for Children's Mental Health Network Programs Family Network on Disabilities

Thursday, October 15, 2020 | 7:00 - 8:00 p.m.

Being the Best Advocate For You and Your Family

This dynamic workshop covers important topics such as knowing what rights protect you and your loved one with a disability, understanding The Mental Health Parity Act, and learning effective strategies to document your child's system involvement. Participants will learn to recognize your role in reducing stigma and create the story that works for you! This workshop will help families who have a loved one with a developmental disability and mental health challenges.

Presenter: Lisa Math B.S., CRPS-F Co-Director, Family S.T.A.R. (Support, Training, Assistance, Resources) & United Families for Children's Mental Health Network Programs Family Network on Disabilities

Tuesday, November 10, 2020 | 10:30 - 11:30 a.m.

The Alphabet Soup of Social Security

Discussion of the different Social Security benefits that are available for people with disabilities, such as Social Security Disability (SSDI) and Supplemental Security Income (SSI), how to qualify for benefits, the application, interview and appeals process and what the requirements are in order to continue collecting benefits.

Presenter: Richard Friedkin, Friedkin Associates

Tuesday, October 6, 2020 | 10:30 - 11:30 a.m.

The Birds & the Bees: Sexuality & Relationships

The topic of sex can be uncomfortable to discuss with your teen or adult. This workshop provides parents and caregivers with tools to openly discuss the various topics surrounding sexuality and autism. Parents and caregivers will learn how to teach safety, strategies to prevent and modify inappropriate sexual behavior, and teach boundaries across settings.

Presenter: Silvia Gil, M.S.E.d., UM-NSU CARD

Wednesday, October 28, 2020 | 10:30 - 11:30 a.m.

Understanding Your Guardianship Options

This training will help you understand guardianship options and alternatives, as well as how to plan for the future. You may think you planned appropriately by signing documents like a Durable Power of Attorney or Designation of a Healthcare Surrogate, but sometimes the documents are insufficient. Find out what option and steps to take are best for your family.

Presenter: Michelle R. Kenney, Attorney, Gaps Legal PLLC

Thursday, November 19, 2020 | 7:00 - 8:00 p.m.

Community Employment Options: Supported vs. Competitive - Presented by Best Buddies

Learn the difference between supported and competitive employment for adults with developmental and intellectual disabilities. Learn about the Best Buddies Jobs program and how to navigate the Vocational Rehabilitation process related to employment services.

Presenter: Representative from Best Buddies Jobs Program

Register at: www.jfsbroward.org/calendar/seminars-and-support-groups/

For more information, please contact Samantha Sehter, Joshua's Path Program Manager

Phone: 954-909-0815 | Email: ssehter@jfsbroward.org | www.jfsbroward.org



Jewish Federation of Broward County

Broward County
Jewish Abilities Alliance

