# Joshua's Path

Supporting people with developmental and physical disabilities

## **Spring 2019 Educational Seminar Series**

### Free and open to the community

All seminars will be held at Volunteer Park Community Center 12050 West Sunrise Boulevard, Plantation, FL 33323

**Tuesday January 8, 2019** 10:30 a.m. to 12:30 p.m.

#### **Medicaid Waiver 101**

Provides a comprehensive overview of the various Medicaid waivers available in Florida, the criteria for eligibility, the application process, what to do while on the waiting list and what services are covered once you receive funding.

Educators: Mary Edwards, Agency for Persons with Disabilities Elizabeth Lombardo, Aging & Disability Resource Center

Tuesday February 12, 2019 10:30 a.m. to 12:30 p.m.

#### **Social Security - Not for Retirement Only**

Discussion of the different Social Security benefits that are available for people with disabilities, such as Social Security Disability (SSDI) and Supplemental Security Income (SSI), how to qualify for benefits, the application, interview and appeals process and what the requirements are in order to continue collecting benefits.

Educator: Richard Friedkin, Friedkin Associates

**Tuesday** March 19, 2019 10:30 a.m. to 12:30 p.m.

#### **Residential Options for People with Disabilities**

Explores the various residential choices available for people with disabilities, including independent living skills training, group homes, supported living, assisted living and intermediate care facilities.

Educators: Gloria Gorodesky, Arc Broward Linda Angress, Sunrise Group

Tuesday April 30, 2019 10:30 a.m. to 12:30 p.m.

### **Vocational Opportunities & Adult Day Programs**

Provides information regarding work opportunities for people with disabilities, including vocational rehabilitation, supported employment, sheltered workshops, post-secondary training and adult day programs.

Educator: TBD

Tuesday May 28, 2019 10:30 a.m. to 12:30 p.m.

### **Navigating the Path to Mental Wellness**

Offers guidance to families with locating appropriate resources, navigating mental health settings, coping with stress and managing challenges presented by loved ones with a mental

Educators: Dr. Jessica Ruiz, Behavioral Health Associates of Broward Marcia Pinck, Mental Health Association of Southeast Florida



For more information, please call Sharlene Glassman, Joshua's Path Program Manager, at 954-909-0822



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