



Goodman

jfs
BROWARD
of
COUNTY

Family Link
Care Management

Care Management for Older Adults and People with Disabilities



Did You Know?

Socially-isolated seniors are at greater risk of deteriorating mental and physical health

1. Senior isolation increases the risk of mortality

People who live alone or lack social contacts may be at increased risk of death if acute symptoms develop.

2. Loneliness can negatively affect physical and mental health

Seniors who feel lonely and isolated are more likely to have poor physical and/or mental health.

3. Perceived loneliness contributes to cognitive decline and risk of dementia

4. Social isolation in seniors is linked to long-term illness

For homebound seniors, phone calls and visits are a critical part of connecting with loved ones.

5. Physical and geographic isolation often leads to social isolation

One in six seniors living alone in the U.S. faces physical, cultural, and/or geographical barriers that isolate them.

6. Isolated seniors are more likely to need long-term care

Loneliness and social isolation are major predictors of seniors utilizing home care, as well as entering nursing homes.

7. Loss of a spouse is a major risk factor for loneliness and isolation

Losing a spouse has been shown by numerous studies to increase vulnerability to emotional and social isolation.

8. LGBTQ seniors are much more likely to be socially isolated

LGBTQ seniors are twice as likely to live alone.

9. Lonely people are more likely to engage in unhealthy behavior

Risky behaviors include poor diet and lack of physical activity.

10. Social isolation makes seniors more vulnerable to elder abuse

Maintaining connections with loved ones helps ensure their safety by giving them the opportunity to divulge what is happening.



List compiled from [A Place for Mom](#).

[20 Facts about Senior Isolation That Will Stun You](#)

1. *Proceedings of the National Academy of Sciences of the United States of America*
2. *National Center for Biotechnology Information, U. S. National Library of Medicine*
3. *National Center for Biotechnology Information, U. S. National Library of Medicine*

4. *Proceedings of the National Academy of Sciences of the United States of America*

5. *National Council on Aging*

6. *British Columbia Ministry of Health, Canada*

7. *British Columbia Ministry of Health, Canada*

8. *Sage, Advocacy & Services for LGBT Elders*

9. *National Center for Biotechnology Information*

10. *National Center on Elder Abuse*

Compassionate Services

Are you worried about an older adult or concerned about a family member?

Family Link Care Managers are professionals who advocate for your loved one so that they have the emotional and physical support they need for the quality of life they deserve. Like an extension of the family, our Care Managers help families and individuals coordinate healthcare providers and other community resources to ensure that our client's needs are met. We provide family members and caregivers with a status update after each visit to ensure your goals are achieved. We are experts at creating solutions and coordinating trusted care for your loved one so you can have **peace of mind**.

1 Needs Assessment

2 Plan Development

3 Monitoring

4 Support

Services include but are not limited to:

- Conducting a needs assessment in the home, hospital or any facility
- Arranging care for any necessary services
- Scheduling and attend medical or other appointments
- Managing activities of daily living
- Assisting your loved one in coping with memory loss, changes in behavior or judgement
- Helping your loved one cope with loss of an adult child, spouse or partner
- Addressing any concerns of family, spouse or caregivers

Coordinated Solutions

Family Link provides peace of mind by:

- Creating a customized personal comprehensive plan of care specific to your lifestyle preferences
- Being your advocate with physicians, any medical or healthcare providers, lawyers, trust officers and guardians
- Providing consistent and timely communication with all those involved in caregiving
- Attempting to prevent a crisis with proactive attention to changing client circumstances
- Offering guidance for challenges that include the introduction of new services, treatments, a move, or other changes in circumstance
- Offering guidance for the planning for future needs including legal, financial and end of life
- Providing matching and oversight of the relationship between paid caregivers and clients
- Integrating private and public resources and services, as appropriate;
- Monitoring safety in the home
- Empowering family caregivers
- Connecting our clients to community-based services
- Coordinating care when multiple providers are required
- Educating families with respect to coping with health and lifestyle changes
- Intervening when a crisis beyond anyone's control occurs
- Providing assurance with the highest quality and consistency of care



We offer several levels of Care Management so you may choose a monthly package to best suit your loved one's needs as well as your budget. Call to learn more.

Family Link Direct line: 954-909-0798 | Main line: 954-370-2140

Personalized Care Management

Let our Care Managers be your local liaison and your loved one's advocate.

The **4Cs** of Personalized Care Planning

- Compassion
- Coordination of Services
- Caring Professionals
- Communication with Families

We work together with families to provide the **peace of mind** you need. We make a difference because we love what we do.

Full Family Support

Our Care Managers become your partner and communicate with family members. We educate families about community resources, assist in making sure transitions are smooth and assure that care is consistent with the lifestyle, culture and resources of the client.

Acknowledging that everyone has individual needs, Family Link tailors a personal plan of care for you and your loved ones.



Call for a complimentary phone consultation

Call Family Link today to find out how we can assist with healthy outcomes and improve the quality of life for your loved one.

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email: info@jfsbroward.org | www.jfsbroward.org